



WELCOME
TO
SELAH
סלה

Our annual journey to the cross is here

Relax. Rest. Breathe. For the next two hours nothing else matters but you, us, & God.

THE JOURNEY BEGINS



LENT



*A reminder of invitation in this
season of Lent*

We are a community of seekers trying to live with God in this world



**Our liturgy, Our service to God,
Our work of God, Our Opus Dei**




The Invitatory

Pay attention
to me.

I'm paying attention to you.

- God



Blow the Rams Horn:
The Shekinah Glory of
the Lord rests on us
in this place.



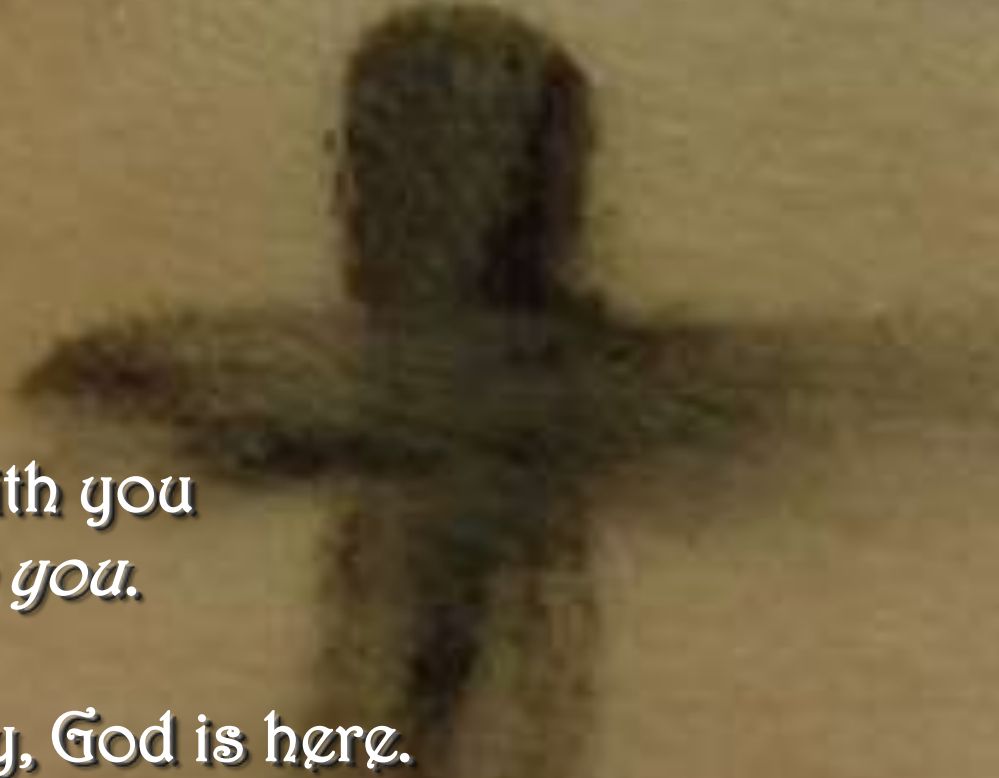
COME.
STEP OUT OF THE TRAFFIC...

FOR TWO HOURS STEP AWAY FROM... FOR TWO HOURS STEP OUT OF...
FOR TWO HOURS LEAVE BEHIND...
FOR TWO HOURS...

Step out of the traffic & take a long loving look at God



Be here. Be with each other. Be with God.



The Lord be with you
And Also with you.

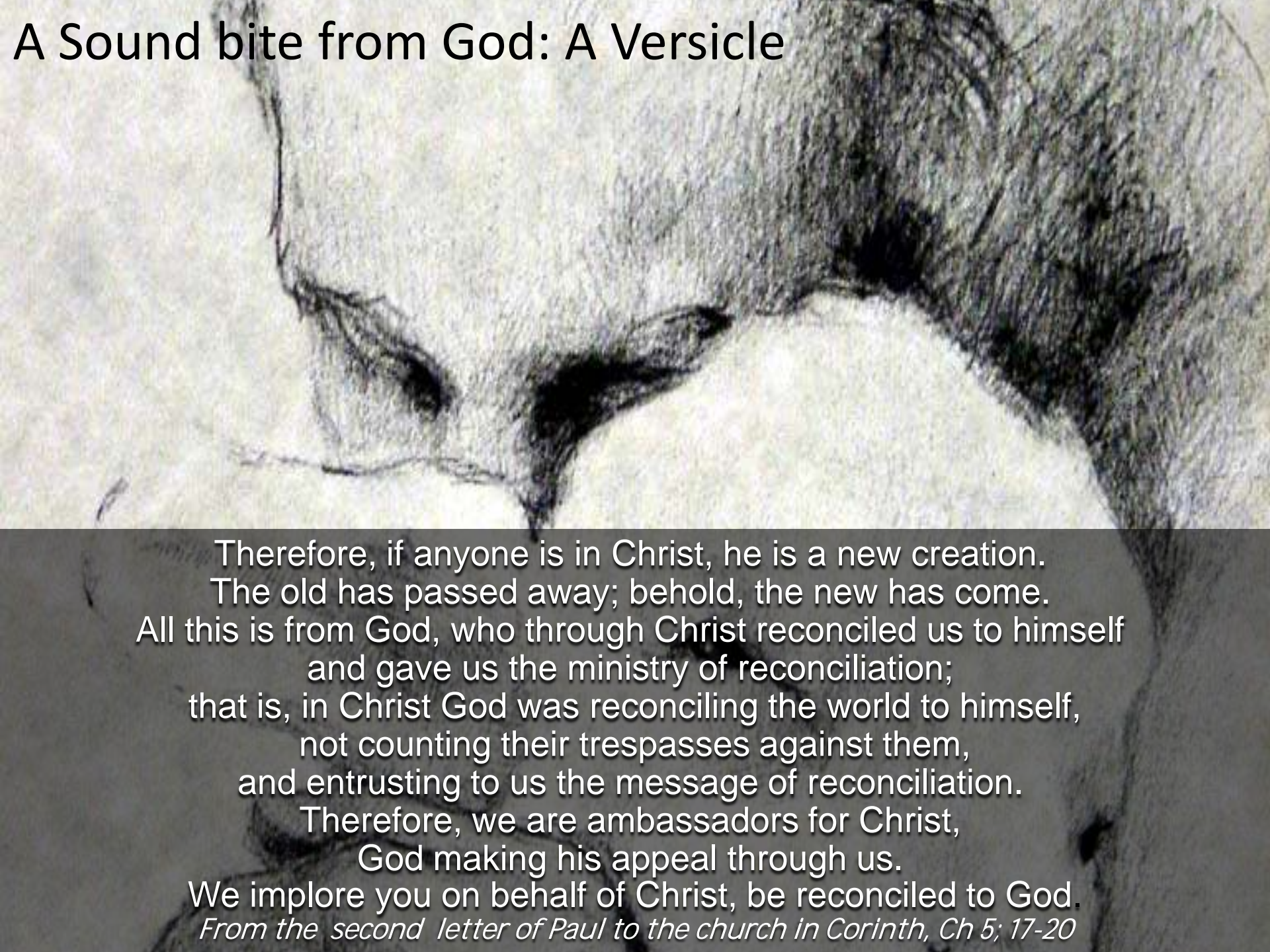
Breathe deeply, God is here.
Here is this place of rest and refuge.

God we return to you
Restore us so we might help you restore this world.

All that I am Lord, *I place into your hands*
All that I do Lord, *I place into your hands*
All that I work for Lord, *I place into your hands*
All that I hope for Lord, *I place into your hands*
The troubles that worry me Lord, *I place into your hands*
The worries that weary me Lord, *I place into your hands*
All that I care for Lord, *I place into your hands*
All that I pray for Lord, *I place into your hands*



A Sound bite from God: A Versicle



Therefore, if anyone is in Christ, he is a new creation.
The old has passed away; behold, the new has come.
All this is from God, who through Christ reconciled us to himself
and gave us the ministry of reconciliation;
that is, in Christ God was reconciling the world to himself,
not counting their trespasses against them,
and entrusting to us the message of reconciliation.

Therefore, we are ambassadors for Christ,
God making his appeal through us.
We implore you on behalf of Christ, be reconciled to God.
From the second letter of Paul to the church in Corinth, Ch 5; 17-20



the lighting of the candles



Praying with Church

For He is my Helper and Protector.

He is my God and I glorify Him.

**God of my father, grandfather, and all grandfathers before me
is He and I exalt Him.**

I exalt Him, for He is greatly glorified.

-Ancient Liturgy of the Church

We are a thankful people.

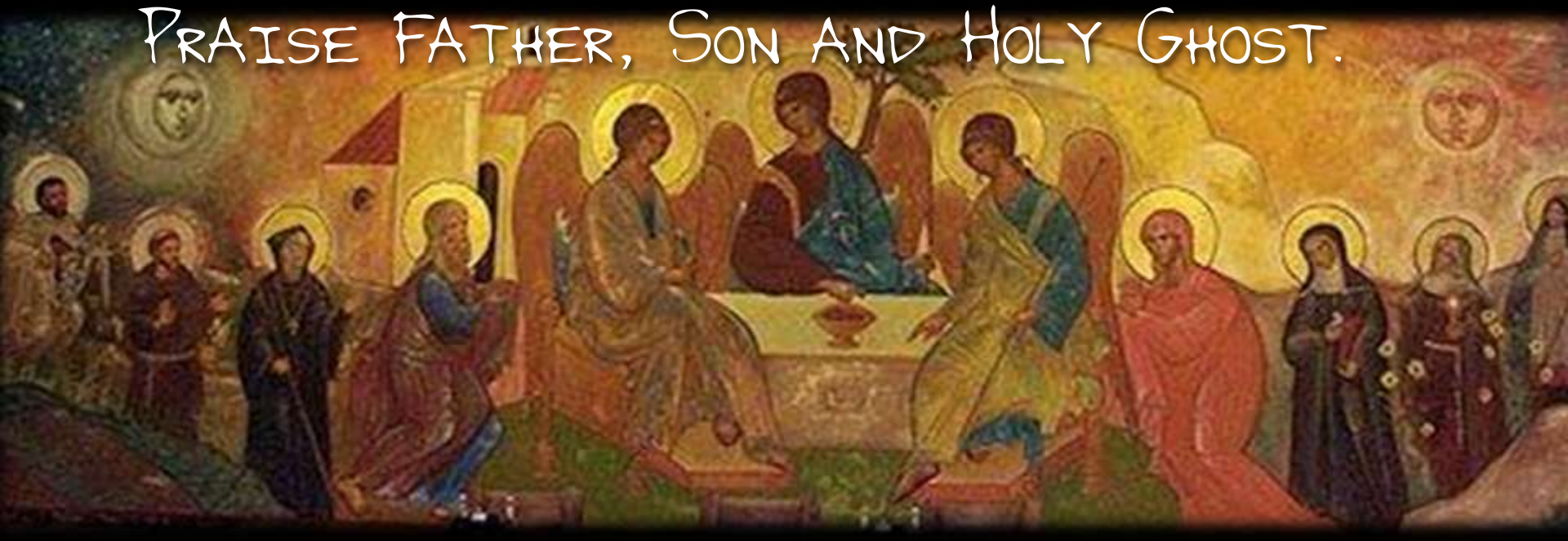
We give thanks to God:

PRAISE GOD FROM WHOM ALL BLESSINGS FLOW

PRAISE HIM ALL CREATURES HERE BELOW

PRAISE HIM ABOVE YE HEAVENLY HOSTS

PRAISE FATHER, SON AND HOLY GHOST.





We are a thankful people.

We pause to remember our friend Affisu
And our commitment
To be community with him.



Gathering around the table a little differently

the Searching

*Hear God's invitation
Hear God's call*

A silhouette of a person walking on a beach, moving from left to right. The person is in profile, and their shadow is cast on the sand. The background is a vast, flat expanse of sand and a hazy horizon line under a pale sky.

In lent we are encouraged to care for those things which ultimately matter and to leave behind those things which inhibit our participation in the life of God and the life around us"

- Steven Purcell

The Lenten Practice.





Psalm 32

*Let it be more than
just words on a page.*

**1 Count yourself lucky, how happy you must be—
you get a fresh start, your slate's wiped clean.**

**2 Count yourself lucky— GOD holds nothing against you
and you're holding nothing back from him.**

**3 When I kept it all inside, my bones turned to powder,
my words became daylong groans.**

4 The pressure never let up; all the juices of my life dried up.

**5 Then I let it all out; I said, "I'll make a clean breast of my failures to GOD."
Suddenly the pressure was gone— my guilt dissolved, my sin disappeared.**

**6 These things add up. Every one of us needs to pray; when all hell breaks loose
and the dam bursts we'll be on high ground, untouched.**

**7 GOD's my island hideaway, keeps danger far from the shore,
throws garlands of hosannas around my neck.**

**8 "I will instruct you and teach you in the way that you should go;
I will guide you with my eye.**

9 "Don't be ornery like a horse or mule that needs bit and bridle to stay on track."

10 God-defiers are always in trouble;

GOD-affirmers find themselves loved every time they turn around.

11 Celebrate GOD. Sing together—everyone! All you honest hearts, raise the roof!



Step by Step

**Oh God, You are my God and I will ever praise you.
Oh God, You are my God and I will ever praise you.**

**And I will seek you in
the morning**

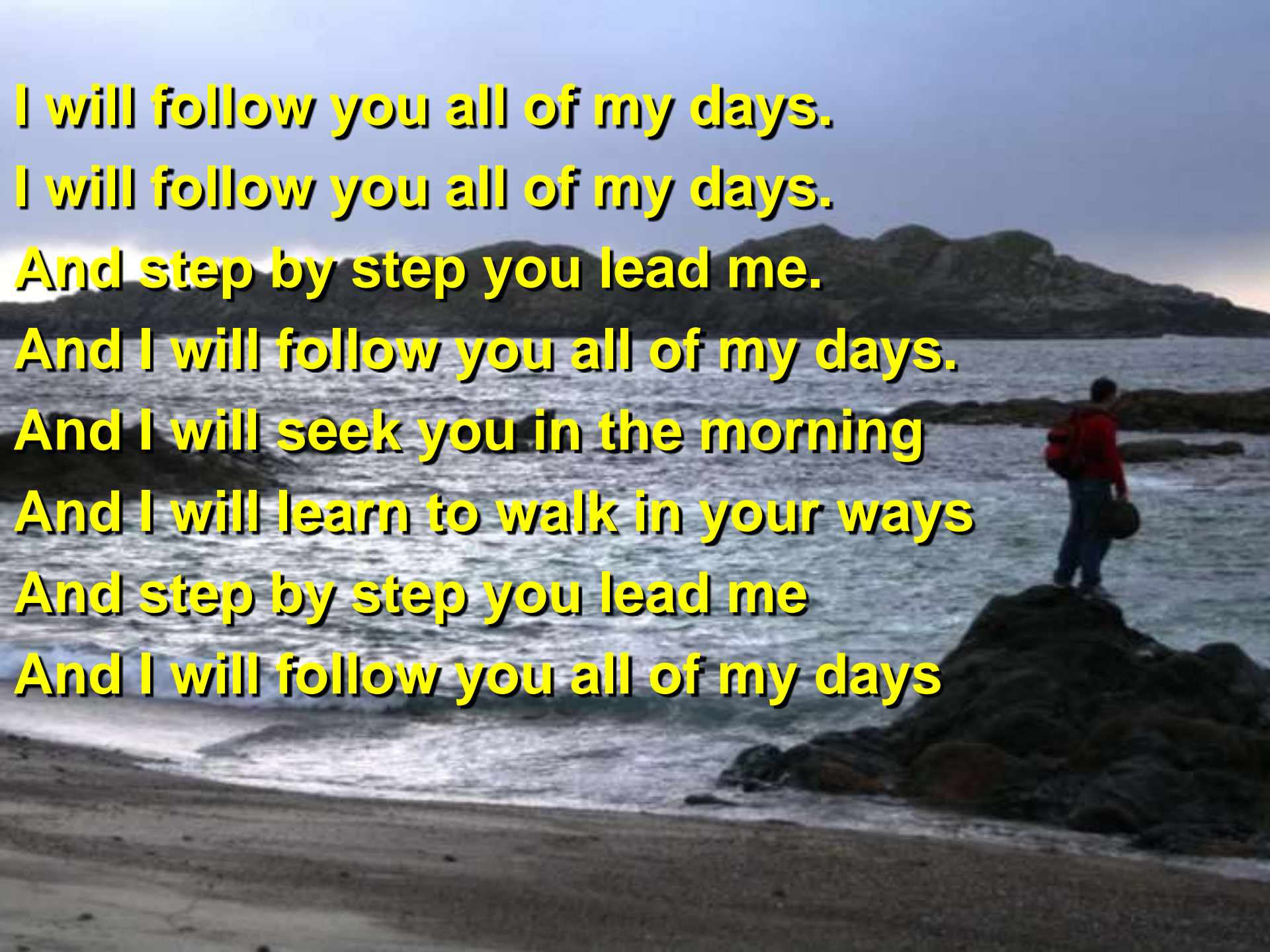
**And I will learn to
walk in your ways**

**And step by step you
lead me**

**And I will follow you
all of my days**



**I will follow you all of my days.
I will follow you all of my days.
And step by step you lead me.
And I will follow you all of my days.
And I will seek you in the morning
And I will learn to walk in your ways
And step by step you lead me
And I will follow you all of my days**

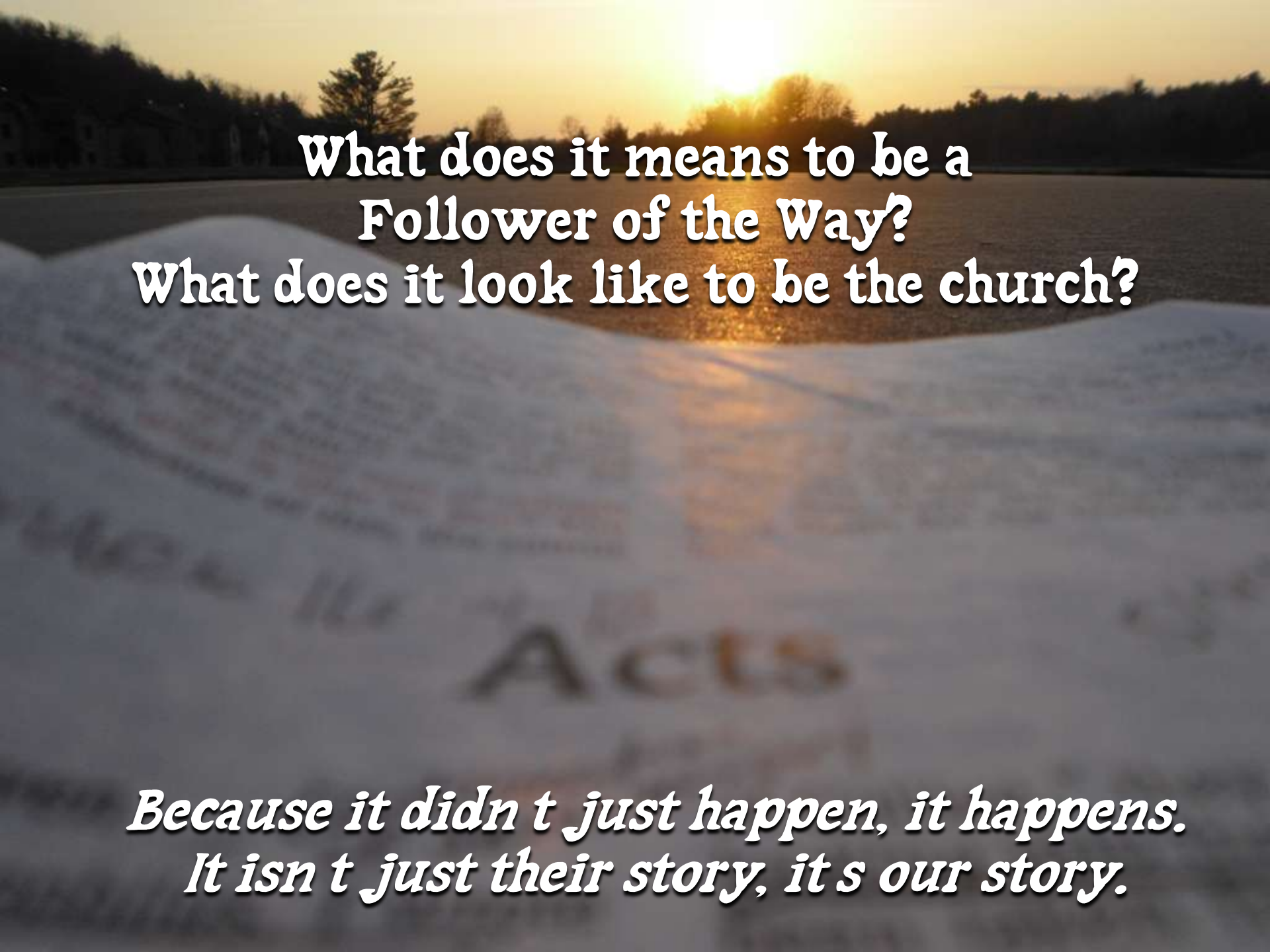


***“Come let us reason together”
says the Lord.***

From the prophet Isaiah, Ch 1.

IN SEARCH OF: A NEW SONG



A photograph of a snowy landscape at sunset. The sun is low on the horizon, casting a warm glow over the scene. A path of snow leads from the foreground towards the horizon. The background shows a line of trees under a hazy sky.

**What does it mean to be a
Follower of the Way?
What does it look like to be the church?**

*Because it didn't just happen, it happens.
It isn't just their story, it's our story.*

The Conversion of Saul

¹But Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest ²and asked him for letters to the synagogues at Damascus, so that if he found any belonging to the Way, men or women, he might bring them bound to Jerusalem. ³ Now as he went on his way, he approached Damascus, and suddenly a light from heaven flashed around him. ⁴And falling to the ground he heard a voice saying to him, "Saul, Saul, why are you persecuting me?" ⁵And he said, "Who are you, Lord?" And he said, "I am Jesus, whom you are persecuting. ⁶But rise and enter the city, and you will be told what you are to do." ⁷ The men who were traveling with him stood speechless, hearing the voice but seeing no one. ⁸Saul rose from the ground, and although his eyes were opened, he saw nothing. So they led him by the hand and brought him into Damascus. ⁹And for three days he was without sight, and neither ate nor drank.

¹⁰Now there was a disciple at Damascus named Ananias. The Lord said to him in a vision, "Ananias." And he said, "Here I am, Lord." ¹¹And the Lord said to him, "Rise and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul, for behold, he is praying, ¹²and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight." ¹³But Ananias answered, "Lord, I have heard from many about this man, how much evil he has done to your saints at Jerusalem. ¹⁴And here he has authority from the chief priests to bind all who call on your name." ¹⁵But the Lord said to him, "Go, for he is a chosen instrument of mine to carry my name before the Gentiles and kings and the children of Israel. ¹⁶For I will show him how much he must suffer for the sake of my name." ¹⁷So Ananias departed and entered the house. And laying his hands on him he said, "Brother Saul, the Lord Jesus who appeared to you on the road by which you came has sent me so that you may regain your sight and be filled with the Holy Spirit." ¹⁸And immediately something like scales fell from his eyes, and he regained his sight. Then he rose and was baptized; ¹⁹and taking food, he was strengthened.

Saul Proclaims Jesus in Synagogues

For some days he was with the disciples at Damascus. ²⁰And immediately he proclaimed Jesus in the synagogues, saying, "He is the Son of God." ²¹And all who heard him were amazed and said, "Is not this the man who made havoc in Jerusalem of those who called upon this name? And has he not come here for this purpose, to bring them bound before the chief priests?" ²²But Saul increased all the more in strength, and confounded the Jews who lived in Damascus by proving that Jesus was the Christ.

Saul Escapes from Damascus

²³ When many days had passed, the Jews plotted to kill him, ²⁴but their plot became known to Saul. They were watching the gates day and night in order to kill him, ²⁵but his disciples took him by night and let him down through an opening in the wall, lowering him in a basket.

Saul in Jerusalem

²⁶And when he had come to Jerusalem, he attempted to join the disciples. And they were all afraid of him, for they did not believe that he was a disciple. ²⁷But Barnabas took him and brought him to the apostles and declared to them how on the road he had seen the Lord, who spoke to him, and how at Damascus he had preached boldly in the name of Jesus. ²⁸So he went in and out among them at Jerusalem, preaching boldly in the name of the Lord. ²⁹And he spoke and disputed against the Hellenists. But they were seeking to kill him. ³⁰And when the brothers learned this, they brought him down to Caesarea and sent him off to Tarsus. ³¹So the church throughout all Judea and Galilee and Samaria had peace and was being built up. And walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.

Responding to God's words to us

Finding our New Song

- Reading
- Ruminating
- Responding
- Resting

Lectio
Divina



Behold Bless the Lord

Behold bless the Lord all you servants of the Lord
Who stand by night, in the house of the Lord

*Lift up your hands in the sanctuary
And bless the Lord*

May the Lord bless you from Zion
He who made Heaven and Earth

Holy is the Lord

We stand and lift up our hands

For the joy of the Lord is our strength

We bow down, and worship him now

How great, how awesome is He.

And together we sing...



Holy is the Lord, God Almighty

The earth is filled with His glory

Holy is the Lord, God Almighty

The earth is filled with His glory

The earth is filled with His glory



We stand and lift up our hands

For the joy of the Lord is our strength

We bow down, and worship him now

How great, how awesome is He.

And together we sing...



Holy is the Lord, God Almighty

The earth is filled with His glory

Holy is the Lord, God Almighty

The earth is filled with His glory

The earth is filled with His glory



It's the rising up, all around

It's the anthem of the Lord's renown

It's the rising up, all around

It's the anthem of the Lord's renown

And together we sing...

Everyone sing....



Holy is the Lord, God Almighty

The earth is filled with His glory

Holy is the Lord, God Almighty

The earth is filled with His glory

The earth is filled with His glory

A stone Celtic cross stands in the foreground, with a stone wall on the left and a coastal landscape in the background. The cross is made of dark stone and has a traditional Celtic design with interlaced patterns. The background shows a body of water, a town, and hills under a cloudy sky.

*As it was
in the
beginning
Is now
And will be
FOREVER MORE*

CONVERSATIONS

Because *WE'RE IN THIS THING TOGETHER.*



And we don't want to just talk about life with God but we want
To work this out into the details of our everyday life.

Announcements:

- **Mtn TOP training, Sat March 27th.**
 - ***Palm Sunday – Mar 28th:
A Messianic Passover Meal***
- **Easter Help: Egg Hunts & Flowering of Cross**

The Offering



A mosaic-style image of Jesus Christ, showing his face and hands. He has dark hair and a beard, and is wearing a blue robe. His hands are raised in a gesture of blessing. The background is a colorful mosaic of small tiles.

The Blessing

May you go from here with the strength and joy to *be* the church out there in the world.

May you live believing that the same Spirit that was given to the first Christians is given to you.

May you find the drive to school or work yet another road to Damascus.

And on that road may you see the gate to heaven open here on earth and may you hear Jesus calling your name.

The PEACE OF THE LORD be always with you!

SHALOM



Peace · Be · Unto · You

Our Father...
Who is in heaven...
Holy is your name..
Your kingdom come...
Your way be done...
On earth as it is in heaven...
Give us this day our daily bread
Forgive us our trespasses...
as we forgive those who trespass against us....
And lead us not into temptation...

**Lent:
Stripping
Things
Back
To
The
Basics**